

Winter Mini Meet Records

Only tabulated 30 and older marks

50m	Duane Napier	37	5.98	09 #2	Paula Suchowiecka	33	6.56	22 #4
60m	Troy Dos Santos	33	6.72	08 #3	Paula Suchowiecka	33	7.70	22 #3
150m	Michael James	38	17.48	19 #1	Khama Beckles	44	20.90	20 #1
200m	Dree Ryan	30	22.15	09 #1	Karla Del Grande	52	27.03	06 #2
300m	Malik Crepsac	39	36.67	06 #1	Maureen Rodrigue	39	43.78	04
400m	Roxroy Cato	33	50.07	22 #3	Maureen Rodrigue	39	61.82	04
600m	Jordan Rosenberg	35	1:30.22	05	Tanya Sakharov	39	1:45.53	20 #1
800m	Mike Sherar	45	2:01.27	09 #2	Jennifer Schindler	36	2:27.03	20 #3
1000m	Michal Kapral	32	2:42.03	05	Gillian Tweedie	32	3:03.56	13 #2
1500m	Rich Tremain	38	4:14.76	10 #1	Teresa Duck	32	4:40.23	08 #1
Mile	Rich Tremain	39	4:32.06	11 #3	Cecilia O'Neill	40	5:20.42	04
2 Miles	Antony Mwangi	35	9:54.28	06 #3	Margaret Watson	45	12:41.54	08 #3
3000m	Fred Robbins	40	8:58.6	95	Mary Unsworth	39	10:05.06	18 #1
5000m	Nick Croker	37	16:12.61	22 MM#3	Mary Unsworth	40	17:07.11	18 #2
1500mW`	JP Xu	45	6:51.0	11 #1	Nanci Patten Sweazey	49	7:15.42	05
3000mW	JP Xu	45	14:16.86	11 #2	Nanci Patten Sweazey	47	15:30.07	03
Steeple 30"	Wayne Chee	60	7:09.85	15 #3	Catherine Weber	50	7:47.17	20 #2
Steeple 36"	Predrag Mladenovic	42	4:54.88	15 #3				
50m H	Glenn Chipkar	60	8.44	20 #1	Nicole Luke	45	8.87	18 #1
60m H	Tino Ngoy39	9.21	20 #2		Nicole Luke	44	10.88	17 #3
LJ	Maurice Ennis	30	7.16	04	Lorena Reyes	35	4.99	19 #2
TJ	Dennis McWhinney	41	12.49	04	Mary Egbo-Egbo	34	9.85	20 #2
HJ	Zoltan Sara	35	1.91	11 #2	Kristen Matthews	34	1.55	17 #3
PV	Kristian Wilson	31	5.00	08 #3	Charlotte Ireland	40	2.95	20 #1

Throws are not compiled.